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MYANMAR BUSINESS BRIEF

DAILY BRIEF / 20 NOVEMBER 2026

Where small firms can ask for help, and where cooking oil comes from



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Discover.
Connect.
Reflect.

Start with the background, one story at a time.

Myanmar today: four stories to start with

Guide / 20 NOV 2026

Where small firms can ask for help, and where cooking oil comes from

This issue follows a new business help desk, Shan State's oilseed plan, a coastal wave forecast and a village water purifier.

A first stop for small business questions

On 19 November, the Myanmar Women Entrepreneurs Network opened a help desk for small firms, with particular attention to women-led businesses.

Read the story →

How much cooking oil can Shan State produce locally?

The state agriculture department plans to add 16,138 acres of oilseeds in 2026/27, bringing the planned area to 453,549 acres.

Read the story →

What the coastal forecast meant for passengers

At 2 pm on 19 November, weather bulletin No. 9 warned of possible waves of 9–11 feet along the delta and Rakhine coasts. This was the forecast carried in the 20 November paper.

Read the story →

A village road and a new water purifier

Officials inspected a completed laterite road and a newly installed water purifier in Lekyamyaung village, DaikU Township. Residents contributed to the development project alongside public funds.

Read the story →

Gold, fuel and the share index →

Daily indicators: exchange and remittances

02 / 20 NOV 2026

Exchange rates in the market

Private quotes are dated 14 Nov. CBM figures are dated 19 Nov: a market trading rate for USD and indicative account cross rates for other currencies. JPY is per 100 yen.

Currency	Unit	Dealer buys	Dealer sells	CBM · 19 NOV
US dollar (USD)	1 dollar	4,830 MMK	4,930 MMK	3,660.00 MMK
Japanese yen (JPY)	100 yen	3,039 MMK	3,116 MMK	2,291.51 MMK
Thai baht (THB)	1 baht	143 MMK	146 MMK	107.89 MMK
Chinese yuan (RMB/CNY)	1 yuan	722 MMK	740 MMK	549.13 MMK
Singapore dollar (SGD)	1 dollar	3,749 MMK	3,840 MMK	2,838.42 MMK

Sending money from Japan

Observed 20 Nov, per yen, before fees.

Provider	Cash pickup	Bank account	E-wallet
SBI Remit	28.80 MMK	28.67 MMK	–
KYODAI	28.60 MMK	28.69 MMK	28.81 MMK

What difference does the payout method make on 10,000 yen?

At the displayed KYODAI rates, ¥10,000 converts to about 286,000 kyat in cash or 288,100 kyat by wallet: a difference of about 2,100 kyat.

Sources and dates

20 NOV 2026 · MMT 09:47–10:04

Market Rate Plus ／ CBM ／ SBI Remit ／ KYODAI

Daily indicators: gold, fuel and shares

02 / 20 NOV 2026

Gold reference per tical

The 20 Nov paper gives a 19 Nov reference of 7,000,000 MMK per tical of pure gold. A shop's buying price may differ.

Fuel reference prices: use retail for a fill-up

20 Nov, per litre. The retail figures were not legible enough to quote or to calculate a pump purchase.

Fuel	Yangon retail	Yangon wholesale	Mandalay wholesale
Petrol 92 RON	–	**3,613 MMK**	**3,719 MMK**
Petrol 95 RON	–	**3,678 MMK**	**3,785 MMK**
Diesel HSD (500 ppm)	–	**3,955 MMK**	**4,063 MMK**

MYANPIX · 901.93

Main Board display: 19 Nov, 1 pm. The figures below are the exchange's "Total trading" fields for each board; the combined figure is our sum.

Market	Shares traded	Turnover (MMK)
Main board	**548**	**10,419,200 MMK**
Pre-listing board	**13,155**	**73,685,700 MMK**
Total	**13,703**	**84,104,900 MMK**

Sources and dates

20 NOV 2026 · MMT 10:03Myanma Alinn · p.2 YSX

A first stop for small business questions

03 / 20 NOV 2026

A sounding board for a new business

On 19 November, the Myanmar Women Entrepreneurs Network opened a help desk for small firms, with particular attention to women-led businesses.

Give the adviser something concrete

A food seller might name the shops already buying from her, how far she can deliver and where orders fall through. That gives the adviser a more useful starting point than “I need more sales.”

What to expect after sending the form

A form shared through Viber takes questions. The stated response window is one to five working days. A shop owner can ask about finance or markets; a referral is not a loan approval.

Source and publication date

The Global New Light of Myanmar · 20 NOV 2026 · p. 1, 4 ↗

How much cooking oil can Shan State produce locally?

08 / 20 NOV 2026

More land for oil crops

The state agriculture department plans to add 16,138 acres of oilseeds in 2026/27, bringing the planned area to 453,549 acres.

What self-sufficiency measures

The measure asks how much of the region's cooking-oil needs local production can cover. Sown acres are only the starting point. The amount of oil available after harvest also depends on how the crop fares.

Why the state average matters less to some buyers

The aim is to cover 74.31% of demand, up from 71.57% last year. This is a target, not a harvest result. Last year southern Shan exceeded 100%, while eastern Shan reached 37.20%. Buyers need to look beyond the state average.

Source and publication date

The Global New Light of Myanmar · 20 NOV 2026 · p. 10 ↗

What the coastal forecast meant for passengers

09 / 20 NOV 2026

A coastal forecast has a time window

At 2 pm on 19 November, weather bulletin No. 9 warned of possible waves of 9–11 feet along the delta and Rakhine coasts. This was the forecast carried in the 20 November paper.

Putting the wave heights in perspective

Nine to eleven feet is roughly 2.7 to 3.4 metres. Those figures describe possible conditions in the forecast area. They are not measurements taken at every port.

After booking a ticket

Rain at home tells a passenger little about the sea at departure. Check the port and the operator before travelling. The weather bulletin was not a cancellation notice.

Source and publication date

The Global New Light of Myanmar · 20 NOV 2026 · p. 2 ↗

A village road and a new water purifier

10 / 20 NOV 2026

Two works supported by village contributions

Officials inspected a completed laterite road and a newly installed water purifier in Lekyamyaung village, DaikU Township. Residents contributed to the development project alongside public funds.

What makes a purifier useful day to day?

For a family collecting water before work, opening time matters as much as location. The inspection report does not give a collection schedule or say whether users pay a fee.

Completion and access are different milestones

A finished road and a working water service are different milestones. Families still need to know who looks after the machine and when they can collect water.

Source and publication date

The Global New Light of Myanmar · 20 NOV 2026 · p. 6 ↗

A village fund reaches its eleventh lending round

09 / 20 NOV 2026

How repayments reach the next borrower

Two villages in Thayawady Township distributed low-interest loans to 196 members engaged in farming, livestock and other livelihoods. This was the eleventh round.

What does “eleventh round” count?

It counts rounds of lending by the project, not eleven loans to each person. For a farmer, one practical question is whether the repayment falls before or after the crop is sold.

The size of the fund and the size of a loan

The project has 51.1 million kyat in revolving funds. Repayments can finance new loans. The fund total does not mean each borrower received an equal share.

Source and publication date

The Global New Light of Myanmar · 20 NOV 2026 · p. 6 ↗

Trying a different way to sow a field

02 / 20 NOV 2026

Beyond broadcasting seed

Ayeyawady's regional government announced farmer outreach on alternatives to broadcasting seed across a field. Its aim is to improve yields.

A small trial with a fair comparison

A farmer could put the same variety in two neighbouring plots of equal size and change the sowing method in one. Recording seed used and days worked, as well as bags harvested, makes the result useful for next season.

From a regional target to a field result

A change in sowing can also change when labour is needed. On a small trial plot, recording hours worked alongside the harvest makes the comparison more useful.

Source and publication date

The Global New Light of Myanmar · 20 NOV 2026 · p. 1, 5 ↗

Identity services resume in Falam

06 / 20 NOV 2026

What the rebuilt office handles

The state newspaper reports that the rebuilt immigration and population office is operating again. Services include replacing lost identity cards and updating household registration.

One household, two different requests

A family moving home needs a change to its household record. Replacing one member's missing card affects a different record. Mentioning both when asking about documents can prevent a wasted journey.

Before setting out for the office

Changing an address and replacing a lost card are different requests even at the same counter. Checking the documents needed first can save a return trip.

Source and publication date

The Global New Light of Myanmar · 20 NOV 2026 · p. 4 ↗

Planning for drinking water in a dry spell

01 / 20 NOV 2026

A village discusses water shortages

At a village meeting in Papun Township, rural development staff explained how they would respond if drinking water became scarce during El Niño.

Turning a weather outlook into a household plan

If the usual well runs low, whom will the family tell, and where else can it collect water? Sharing those two answers in advance saves time when water is needed.

What was reported was preparation

El Niño involves changes in Pacific Ocean temperatures. The meeting was about preparation, not a report of a local outage. A useful first step is to find out whom to contact if the usual water source fails.

Source and publication date

The Global New Light of Myanmar · 20 NOV 2026 · p. 7 ↗

What farm and aquaculture talks can tell a producer

02 / 20 NOV 2026

Aquaculture on the agenda

Myanmar's minister and Sri Lanka's ambassador discussed cooperation in agriculture and aquaculture, the managed farming of fish and other aquatic organisms.

What cooperation might mean on a fish farm

If training were offered, its location, the species covered and eligibility would determine who could use it. A programme notice would answer those questions; a diplomatic meeting report does not.

What a producer can look for next

A producer looking to participate would need details such as eligible locations and entry requirements. The report records talks, not an invitation to apply.

Source and publication date

The Global New Light of Myanmar · 20 NOV 2026 · p. 4 ↗

Why a Bay of Bengal meeting discussed landlocked countries

12 / 20 NOV 2026

Why inland neighbours matter to a maritime region

The BIMSTEC secretary-general met Myanmar's president to discuss support for Nepal and Bhutan, including disaster preparedness and relief. Both countries lack direct access to the sea.

Following relief supplies beyond the port

If relief supplies arrive by sea, transport must continue over land after unloading. That example helps explain why disaster preparedness and regional cooperation were discussed together.

Talks do not set a transport timetable

Moving supplies inland can involve several borders. The meeting identified a need for cooperation; it did not announce a new freight route or start date.

Source and publication date

The Global New Light of Myanmar · 20 NOV 2026 · p. 1 ↗

Articles by category

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03 Law, tax and regulation –

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06 AI, IT and communications –

07 **Energy, resources and utilities** p.5

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09 **Trade, logistics and transport** p.8

10 **Agriculture, fisheries and food** p.7

11 Health and medical care –

12 Tourism, hotels and dining –

Dates for remittances and markets appear alongside each table. The links at the end of each article lead to reports and public notices.